

**Miss Heather's School of Dance
2012/2013**

Tiny Twos I (thirty minute long class)/ **Tiny Twos II** (forty-five minute long class) - which will teach your children all the fundamental activities they will need to learn and grow. (Singing, dancing, sharing and caring)

Pre Class – This is a forty-five minute long class which will include 15 minutes of Tap, 15 minutes of Ballet, and 15 minutes of extra curricular activities (i.e. Gym, Baton, Fun Activities)

Kinder Dance – These classes are an hour long which will include more advanced steps and are fun filled with 20 minutes of Tap, 20 minutes of Ballet, 20 minutes extra curricular activities (i.e. Gym, Baton, Fun Activities)

Beg I/Beg II – These classes are an hour long, which will include more advanced steps for the 30 minutes of ballet and 30 minutes of tap. In these classes we will start to introduce the barre work for ballet.

Int I Ballet – This class is a forty-five minute long class which includes more advanced ballet steps. They will have barre work as well as combinations across the floor.

Int II Ballet – This is an hour-long class, which will start to introduce them to the next level of ballet dancing.

Adv I Ballet – This class is an hour and fifteen minutes long for those advanced level students who are dedicated to the field of ballet.

Adv II Ballet – This class is an hour and fifteen minutes long for those more advanced level students who want to expand more into the field of ballet.

Pre Pointe/Pointe – This is an hour long class, which is offered to our ballet students who are technically ready for pointe. (Have to be in a ballet class to be signed up for this class)

Int I Tap - This class is a forty-five minute long, which includes more advanced tap steps.

Int II Tap – This is a forty-five minute long tap class, which will introduce them to next level of tap dancing.

Adv I Tap – This class is forth-five minutes long for those advanced level students who are ready to learn those more advanced skills and combinations.

Adv II Tap - This class is forth-five minutes long for those advanced level students who are ready to learn those more advanced skills and combinations.

Jazz I & Jazz II - Are all hour-long classes which each year allow you to advance in the skill set needed. We will stretch, work on down the floor combinations and learn dance routines.

Jazz III (Level 1)/Adult Jazz – Same description as Jazz I & II but is for a student who is older but has not had a lot of technique.

Jazz III (Level 2) - Same description as Jazz I & II but is for the older student who has had the technique training.

Lyrical I/ Lyrical II – Are forty-five minute long classes, which will advance you each year. This training will include stretching, down the floor exercises and routines.

Lyrical III – This class is an hour long, which is offered to our advanced level students. This training will include stretching, more advanced down the floor combinations and routines.

Turns & Leaps – This is an hour-long class, which we will solely work on the more technical aspects of turns and leaps. If is required for you take Jazz or Lyrical or Ballet class.

Hip Hop I, II & III – These classes are forty-five minutes of pure fun funk hip-hop. We will dance with the most up to date steps with the most up to date music.

Gymnastics I (new)/ I / II – This class is an hour long, which includes stretching, bending and tumbling skills.

Gymnastics III – This class is an hour long for the more advanced tumbler.

Boys Tap/Jazz I– This class is an hour long, which is just dedicated to the boys who are at a beginner level. This class includes 30 minutes of Tap and 30 minutes of Jazz. (Please keep in mind that boys are welcome to take any of the other classes listed)

Boys Tap/Jazz II– This class is an hour long, which is just dedicated to the boys who are more advanced. This class includes 30 minutes of more advanced Tap and 30 minutes of more advanced Jazz. (Please keep in mind that boys are welcome to take any of the other classes listed)

(Smyrna Only) Cheer/Jazz I and II – This is an hour long class which you will learn cheering and stunts along with learning some recreational jazz moves.

(Middletown Only) Cheer/Jazz I/II – Is an hour-long class and is a combination of both Cheer/Jazz I and Cheer/Jazz II Levels.

(Middletown Only) Cheer/Jazz III– These are hour-long classes which you will learn cheering and more advanced stunts along with learning more advanced recreational jazz moves.

Adult Ballet/ Adult Hip Hop/Adult Lyrical – These classes are forty-five minutes long. These adult classes are great way to stay in shape and have fun doing it. Take this time to yourself once a week.

Adult Jazz – This class is an hour long. This adult class is just like the others. Great way to take time out for yourself and have some fun but this class is an hour long.

Musical Theatre – This class is an hour long, which will include the drama side of the field. It will also include some dancing and maybe some singing (if we got the voices in the class)