

## **Descriptions for Summer Camps and Classes and Intensives**

Miss Heather's Summer Camps and Classes and Intensives offer something for everyone!

### **Summer Camps**

All camps have a theme for each week, so if you sign up for all six camps you'll get something new and different out of each camp. Below are some constants for each camp:

- All camps offer crafts several times throughout the day.
- All camps will have a short quiet time.
- All camp members will need to bring their own lunch, snack and water bottles. The studio will provide the afternoon snack.
- All camps will include dancing, tumbling and cheerleading like styles in each one.
- All camps will give you an overview of everything we teach at the studio such as tap, ballet, jazz, hip hop, lyrical, tumbling and cheerleading.
- All camps will have a performance at the end of each week however if you are signed up for all six you will have even a bigger performance at the end of your six weeks.
- All camps will include morning stretching to wake everyone up!
- All camps will have a morning chat session to learn about fellow campers and to reflect what we have done the day before.

### **Summer Evening Classes**

For our summer classes we combine all ages and skill levels as well as types of classes. We have these classes for students who want to keep in shape, or to try something different before committing to an entire year. We also have these classes for new students who want to try our studio.

#### **Tiny Twos**

Each of the four classes is 45 minutes long which will include fun filled activities such as movement with their heads, hands, fingers, feet and toes. They will learn new songs to dance and sing to. They will learn letters and shapes and numbers all to music. This class is great for two year olds to see if what level they belong in for the regular season. (we break out two different tiny two level classes and if they were not right than we could move them to pre but finding this out during the summer is great to get them into that right class the first day of the regular season)

#### **Pre/Kinder Combo**

Each of the four classes is an hour long which will include fun filled activities with 20 minutes of Tap, 20 minutes of Ballet, 20 minutes extra curricular activities (i.e. Gym, Baton, Other Activities). This is a great class for the 3, 4 and 5 year olds to see where they should go for the regular season. (we break have several different levels that they could fit into and this way we can figure it out during the summer and than get them into the right class the first day of the regular season)

#### **Beg Tap and Ballet Combo**

This class is an hour long, which includes more advanced steps for 30 minutes of ballet and 30 minutes of tap. In this class we will start to introduce the barre work for ballet.

#### **Beg Hip Hop/Jazz Combo**

This is an hour long class which includes some time for beginner hip hop moves as well as teaching them the basics jazz steps. Within the four classes they will get a fair share of both styles of dancing.

#### **Gym**

This class is an hour long, which includes stretching, bending and tumbling skills.

**Cheer/Jazz Combo**

This class is an hour-long class where you will learn cheering and stunts, along with some recreational jazz moves.

**Adult Ballet – NEW for the summer (we have as a class for the regular season)**

This is a 45 minute long class geared towards adult ballet students only. You are still more than welcome to take our intensive ballet class but you would like to be in a ballet class with only adults this is the place to do it. You will learn your basic ballet technique with barre work and floor work.

**Summer Evening Intensive Classes**

For our summer intensive classes we combine types of classes into one class. We have these classes for our Intermediate and Advanced and Adult students who want to keep in shape, or grow in their subject, or to try something different before committing to an entire year. We also have these classes for new students who want to try our studio.

**Lyrical/Modern Intensive**

This class is an hour long, which is offered to all interested students. This training will include stretching, down the floor combinations and routines. This will be four straight days of pure Lyrical and Modern dancing.

**Jazz/Hip Hop Intensive**

This class is an hour and half long class that will combine both your technical jazz steps and your up to date funk hip hop steps. This four straight days of in your facing dancing with a lot of fun!!!

**Tap Intensive**

This class is forty-five minutes long for those who are ready to learn those more advanced skills and combinations. This four straight day program will get your feet going!

**Ballet/Pointe Intensive**

This class is an hour and a half long for those who want to expand more into the field of ballet and pointe. This four straight day power intensive class will get you ready for that next level of ballet and pointe.

**Get Ready For the Season Intensive - NEW**

This class is two hours long and will get you ready for the regular dance season. You will get all your subjects in one week. You will get ballet, pointe, jazz, lyrical, hip hop, tap and more. Not only will you be toned up on your technique you will also learn the history of dance and get to view different learning tools such as movies, magazines and news articles.

**We can add classes per request as long as there is interest.**

**(All classes and camps can be subject to change or to be canceled due to lack of attendance)**